



St Kilian's Community School

Advice and Useful Information for 1st to 5th Year Students March 13th 2020

Note: 6th Year students were issued with a separate Advice Sheet yesterday.

TECHNICAL SUPPORT

- Be sure to use **Office.com** (type this into your address bar, then log in to your Office 365).
- Use app store/play store to download **Outlook, One Drive, Teams** and **OneNote** to your smartphone or tablet.
- **2nd, 3rd and 5th Year** students are encouraged to use **examinations.ie** to access past exam papers and solutions (look for exam material archive). This material can supplement work set by teachers.
- Remember you have free access to **Word Online** for working on essays etc.
- **If you don't have a laptop/tablet** you can handwrite work, take photos (on your phone) and share with your teacher. Also, if libraries are open, you can access laptops/computers there.
- If you don't have WiFi, again you can try the library, McDonald's, etc. if they are open. Ask a friend, neighbour or relation to use their WiFi to download/upload your work.
- Contact Mr. Forde at e.forde@stkilianscs.com if you need your **password changed**.

ADVICE AND SUPPORT

- An **Advice and Help** folder will be shared with you through office.com.
- This folder will have up-to-date **information** about the situation. It will also have advice for you about your **wellbeing** and **school-related issues**.
- Updates about the **State Examinations** will be shared with you as soon as they are available. **Deadlines are extended** until this crisis is over, so don't worry about this.
- Your parents/guardians can contact **Mr. Murphy** at any time on **087-4443028** if they are concerned about you, or if you are concerned about a friend.
- **Ms. Casey (085-8109401)** and **Mr. Keane (085-8109391)** may be contacted during normal school hours if you need **advice/support**.
- Your Parents/Guardians may contact **Ms. Fox (H.S.C.L.)** at **086-7008999** if they need advice/support.
- Check the **school website** (www.stkilianscs.com) and **Facebook** page regularly.

WELLBEING

- Take care of your **physical and mental health**. Take **exercise, fresh air** and **eat healthily**.
- **Talk** to people; your **family** and **friends**.
- **Look for help** if you need help, either from school staff (see above) or from someone close to you.
- **Stay positive!** This difficult situation will end.